

SUSTAINABLE WORKING LIFE DEVELOPMENT THROUGH INTERACTIVE RESEARCH

MATTIAS ELG, MARTINA BERGLUND, PER-ERIK ELLSTRÖM, HENRIK KOCK,
MALIN TILLMAR, ANDREAS WALLO

HELIX COMPETENCE CENTRE, LINKÖPING UNIVERSITY, SWEDEN

ABSTRACT

Interactive research has emerged as a new approach to collaborative research in working life research, and it is characterized by a continuous joint learning process between the researchers and the practitioners. In this paper we argue that interactive research is a way to advance scientific knowledge about the development of new types of work arrangements and development of sustainable working life. We present the basic ideas and benefits of the interactive research approach, illustrated through a practical case, the HELIX Competence Centre and discuss potential limitation and challenges associated with this form of collaborative research.